



Youth Health Scholars

Your Way to a Bright Future

Winter 2015



FACES Crawford Startup Enrolls 44 Students



Career Awareness

Meeting weekly, Crawford High School's 44 FACES students are learning about a wide variety of careers in healthcare: healthcare professionals and career panels are presenting at least once a month. They have heard from:

- panels of nurses and physicians representing different types of practice from both Rady Children's and Scripps Health;
- Rady Children's Biomedical Engineering Department;
- a career panel of Community Health professionals
- Alliance San Diego, discussing civic engagement and community service opportunities;
- CalSoap talking about filling out college and financial aid applications;
- a team of FACES alumni, all currently in college, providing tips and insights; and
- workshops including study skills; top 20 healthcare careers; and empathy and professionalism.

"These students are hungry for knowledge," says Warren McBride, FACES Crawford Coordinator. "They are eager to learn about careers they never heard of before, and how to get to them. The challenge is, they don't know what they don't know, and bringing them to the point of understanding that there are things for them to learn, and steps to take to learn them...that is the challenge!"



Biomedical Engineering Presentation

Personal Development

Students also had the opportunity to participate in MBSR, a series of eight weekly Mindfulness-Based Stress Reduction training sessions designed to provide tools and strategies to assist in recognizing and reducing stress. And if that's not enough, student field trips have included both L.A. and local college tours; a visit to Illumina, Inc.; and kick-off and spring break team-building trips.

Career Experience

Job shadowing rotations in the community have begun as well, with juniors assigned to one of six organizations for each rotation period. Participating organizations include: African Coalition Workforce, Crawford Community Connection, Nile Sisters, Planned Parenthood, United Women of East Africa and Youth Empowerment Focus.

College Preparation—Sophomores Tour Local Colleges



If you would like to be a FACES supporter, click here; under comments, write "FACES."



Many thanks to our FACES 2015-16 school year financial supporters:

Bank of America Charitable Foundation, The California Endowment, The Hervey Family Fund at the San Diego Foundation, Illumina, Inc., JP Morgan Chase Foundation, California Office of Statewide Health Planning and Development (OSHPD)



Hoover's 250 FACES Students are on the Move



Career and Work Experience

Community Rotations

20 juniors learned about women's health issues during their community rotation at the County HHSA. During the 1st four rotations so far this academic year, the 54 juniors have completed a total of 866 hours of job shadowing with the twelve participating agencies. The school's split block schedule has about half of the class doing rotations in the fall and the other half in the spring. Twenty-five of the students have completed their 24 required hours, while the remaining students are working on theirs.



Hospital-based Rotations

40 FACES Hoover seniors have logged 1072 hours hospital-based rotations over the first four rotations, with two more rotations to go. The students are proud of their lab coats, worn on all trips to Rady Children's Hospital. Twenty-four of the students have completed their hours, while the remaining 16 are hard at work on theirs.



Mock Job Interviews

27 seniors at Hoover participated in mock interviews with representatives from a variety of businesses and industries. They tested their soft skills "interviewing" for one of three real entry level positions at Rady Children's Hospital. Interviewers ranked each student, with the top ranked for each job "hired" with a certificate recognizing their achievement. A second round of interviews will be held in May for the remaining 13 seniors.



Health and Science Education

Oral Health



38 students participated in an Oral Health Workshop conducted by Rady Children's Anderson Center for Dental Care where they learned about the causes of cavities; effects of sugar on teeth; and checked out their tooth-brushing skills with disclosing tablets.

Pharmacy Day



17 FACES Hoover seniors and five juniors learned about compounding, asthma, medication interactions and more at Pharmacy Day at UCSD. Students from Crawford FACES and BTE also attended.

College Preparation



33 sophomores from the combined schools enjoyed a local college tour, visiting Pt. Loma Nazarene and UC San Diego.



51 students, primarily juniors, from Hoover and Crawford went on the Southern California College Tour, learning about college life at CSU San Bernardino; UC Riverside; and CSU San Marcos.

BTE Students Setting the Bar

Six months in, San Diego's Bridge to Employment program, a partnership with Janssen Pharmaceuticals and Hoover High School, is showing strong progress toward the goals set by the local Advisory Committee. The goals were very ambitious, with metrics such as 100% of students will have school attendance of 90% or higher; and 100% of students with a GPA lower than 2.5 will receive tutoring. BTE Coordinator Kristina Quezada meets with the students regularly, both as a group and one-on-one, and they are thriving.

- 96% of students have attendance above 90%. Only two students have fallen below; these students are receiving counseling, and working to make up missed days.
- 100% of students with a GPA lower than 2.5 are receiving individual attention and tutoring. 93% of the BTE students have GPAs above 2.5.



Janssen employee Steven Sutton talks about his career path to becoming a Neuroscience Scientist.



Paul Englert, a Janssen employee who focuses on Environmental Health, helped students better understand about community/public health .

Rosa Luna and Glenda Castro, Janssen's BTE leads, help students with a Community Service project.



Registration ended February 29, 2016, for the 2016 Rady Children's Summer Medical Academy (SMA), with 128 applications received! Forty-eight students will be accepted again this year for the intensive two-week plunge into the world of healthcare. Applicant selection is in process, with students to be notified by April 1, 2016.

Scheduled for July 11-22, the 3rd Annual SMA is shaping up to be better than ever!

FACES Alumni Never Stop Moving Forward

From presenting to their successors to gathering for an evening of bowling, the FACES alumni keep it going! In January, four alumni met with FACES students at Crawford. The panel shared their experiences and answered questions about preparing for college and college life. An alumni group goal is to provide dedicated support and time to the FACES students of today, the future alumni.

Also in January, an informal get-together found alumni enjoying each other's company and sharing stories while competing at the bowling alley. "We had a wonderful time keeping in touch, and learning about some opportunities for FACES alumni," said FACES alumni liaison Anne Nguyen. Another meeting, this time a Professional Development workshop, is scheduled for spring break.